



# Clare McGregor

Founder & Managing Director

[@Clare\\_McGregor](#) [@CIAOcoaches](#)

**Coaching**  
inside & out

[coachinginsideandout.org.uk](http://coachinginsideandout.org.uk)

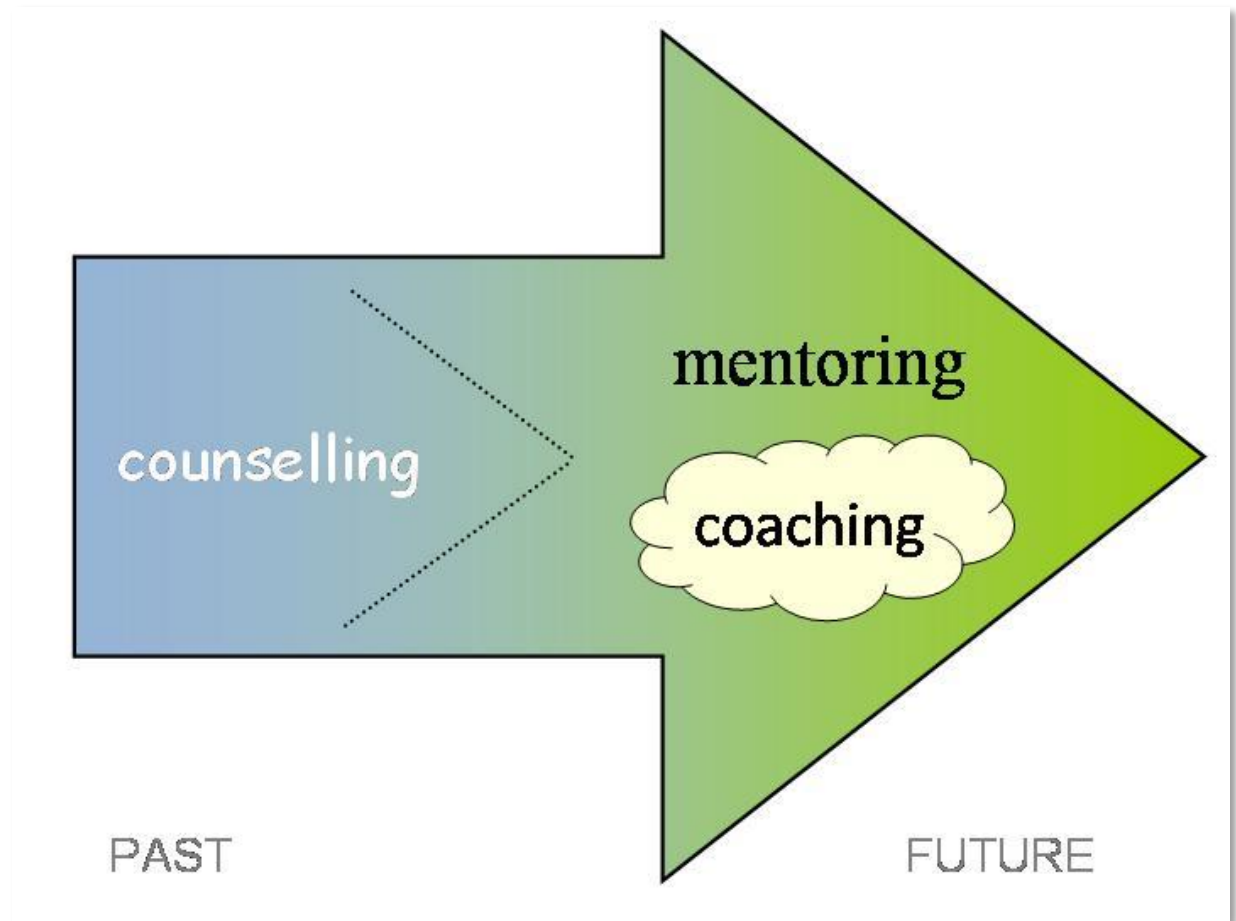
# YOUR OBJECTIVES

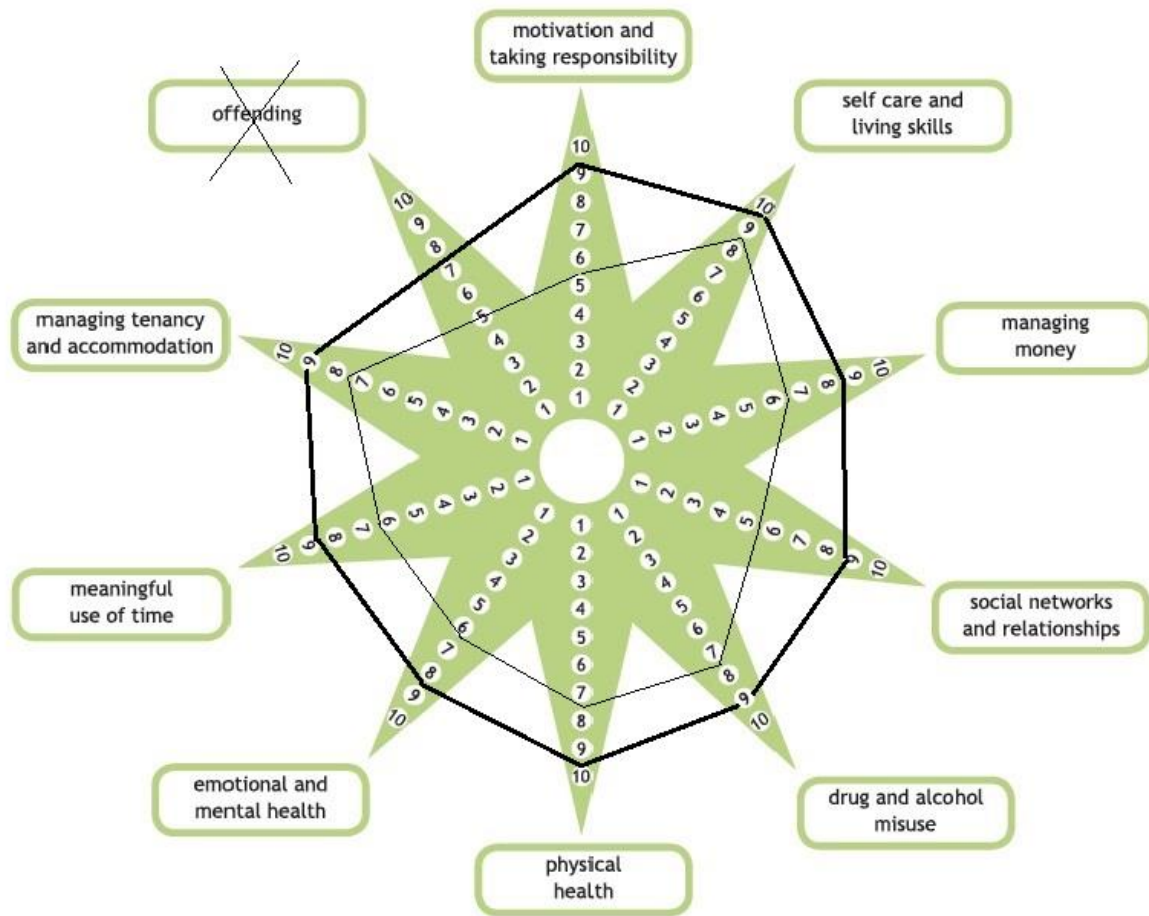
What would you like from today?



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OutcomesStar.org.uk  
info & copyright



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**goals**

**values &  
strengths**

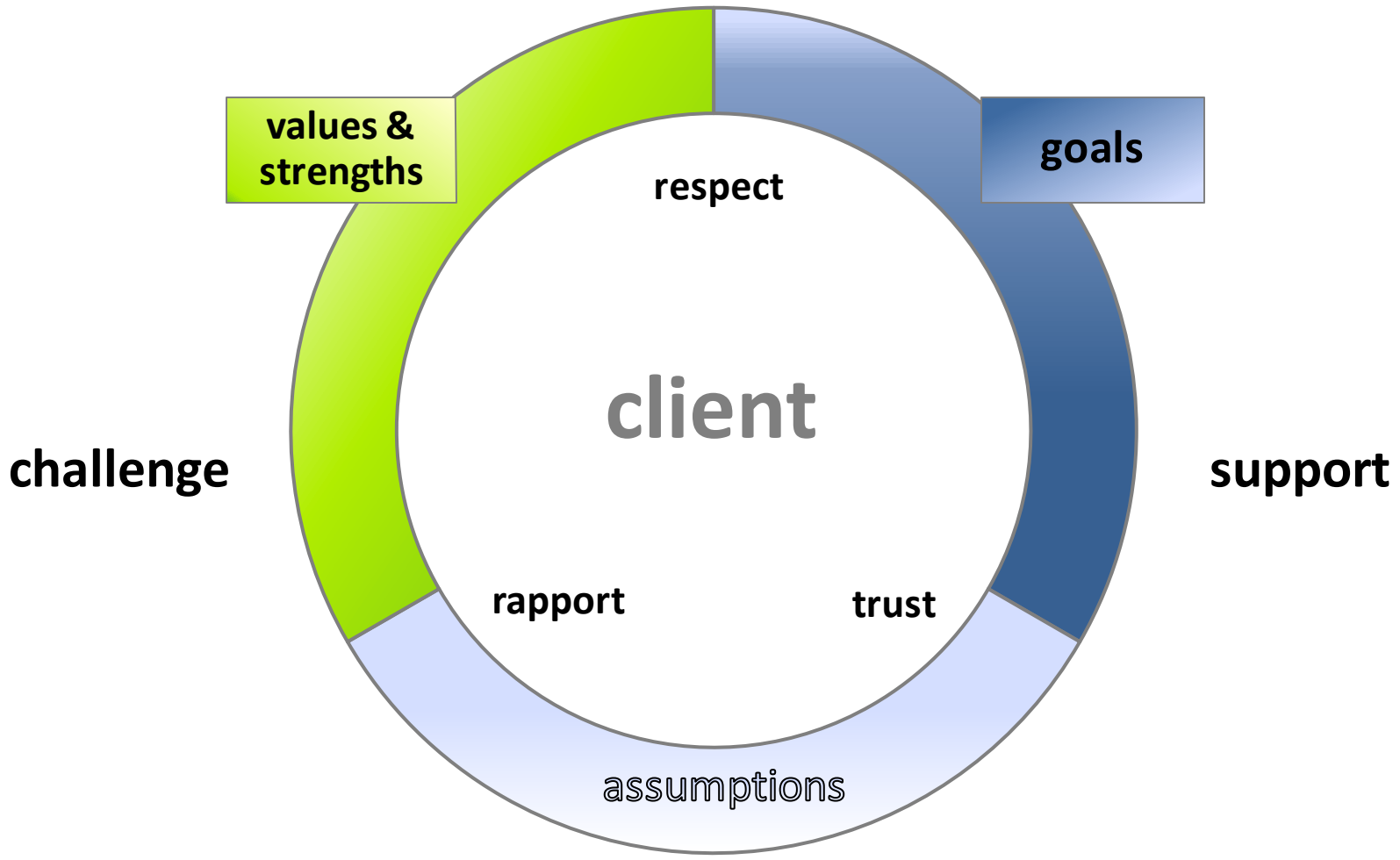
**assumptions**

Listen  
Watch  
Question  
Challenge  
Support

For  
up to  
6-10  
hours

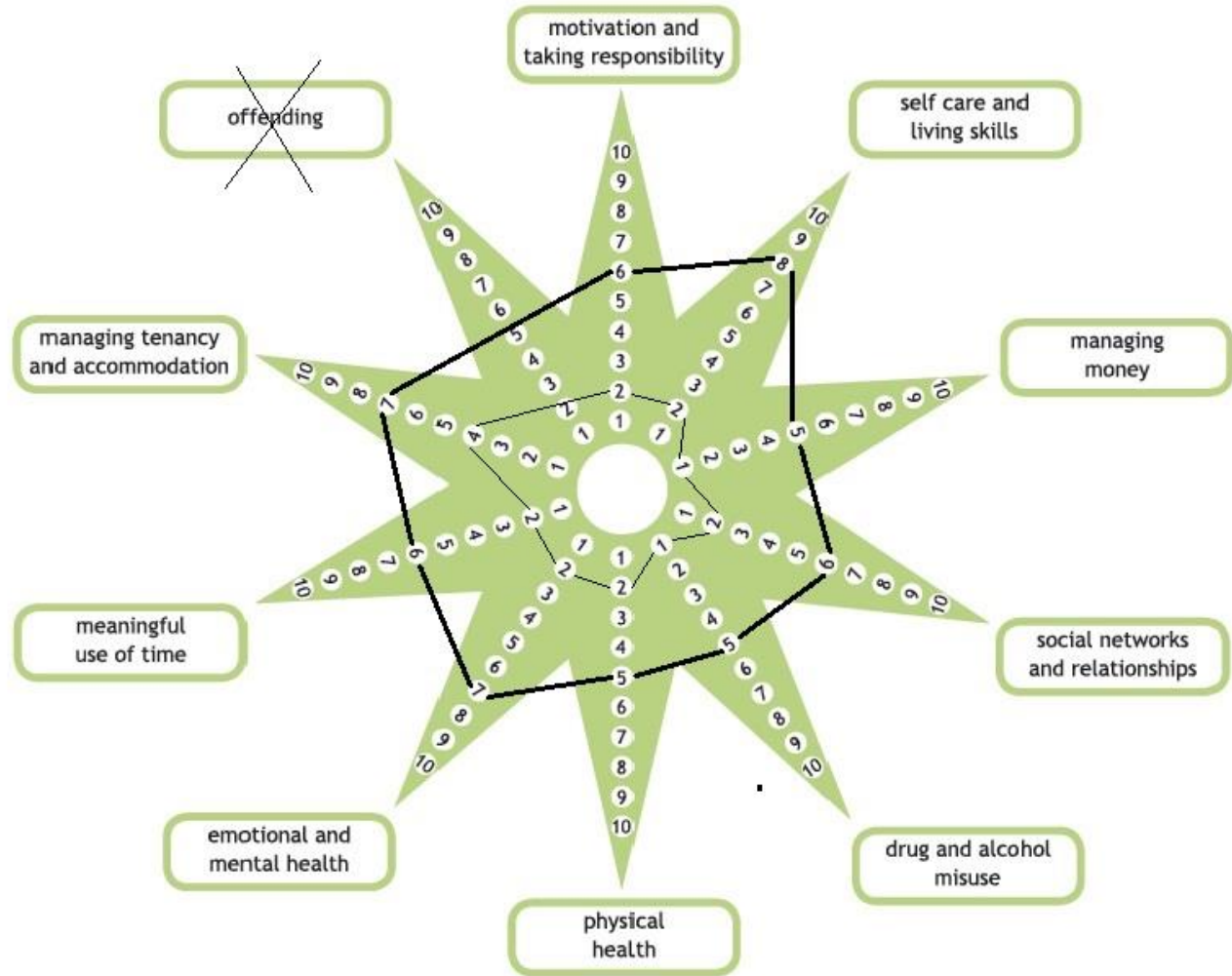
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**choice & responsibility**

# Outcomes Star – lowest scores



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**Coaching**  
inside & out

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Since 2010 850+

men & women

all crimes & all times

young & old

under 16 by exception

convicted & at risk

part of Problem Solving Court

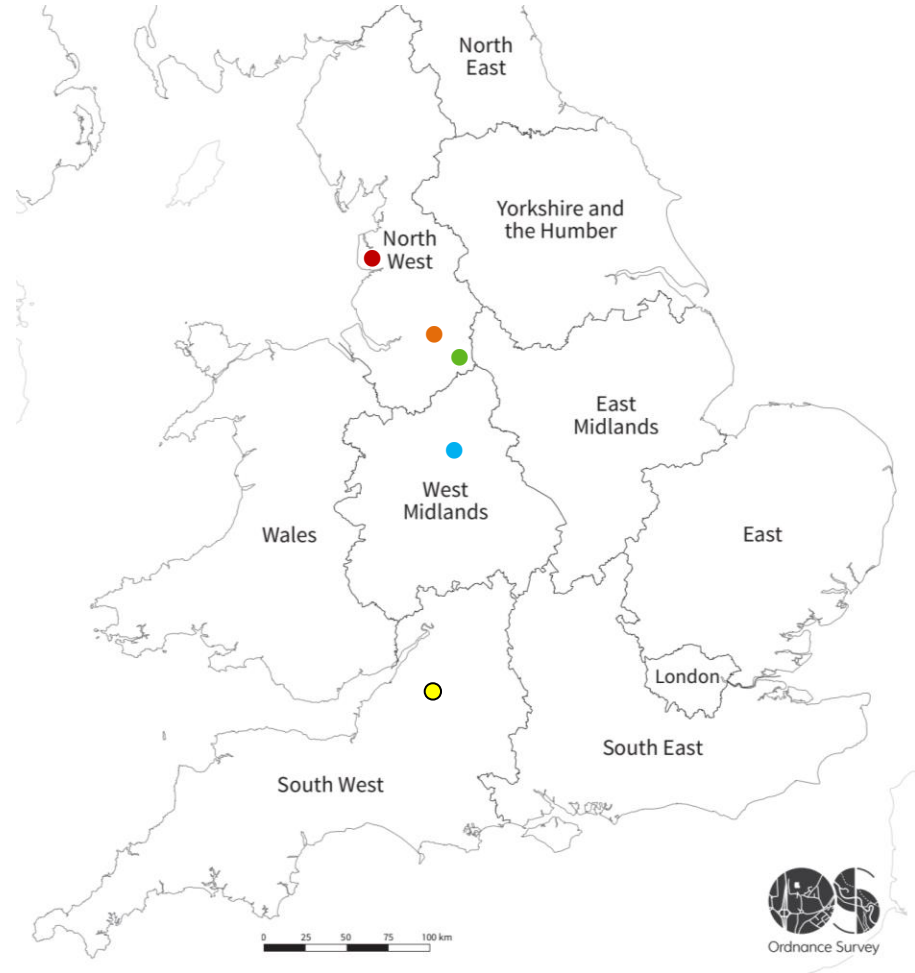
Coaching  
inside & out

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## CIAO Services

Inside and Out

- HMP Kirkham
- Trafford Early Help
- HMP Styal
- HMP Drake Hall
- HMP Ashfield





## OUR VISION

All people convicted of offences, or at risk of offending, are offered life coaching so they can help themselves and others.

**How might coaching inspire  
innovative solutions  
or areas for future research?**

## # Coaching Impacts

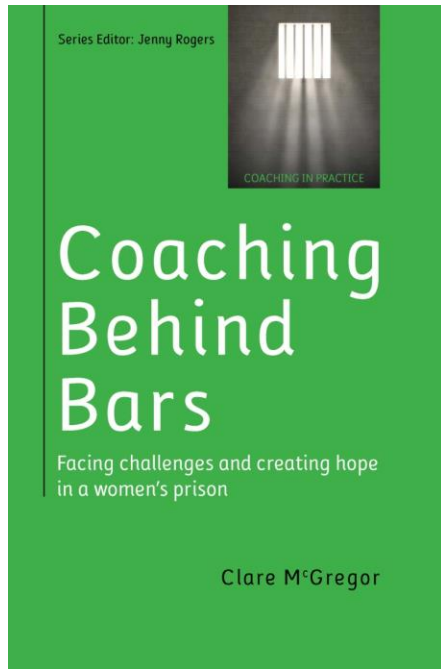
| Discover  | Design                                | Disseminate                  |
|---|---------------------------------------|------------------------------|
| Map organisations coaching <u>socially excluded</u> service users     |                                       |                              |
| Evidence Assessment of coaching's effectiveness in <u>any</u> context | Options for measuring agreed outcomes | Share papers, reviews etc.   |
| CIAO's History & Theory of Change                                     |                                       | Apply for evaluation funding |
| Months 1-7<br>Sep 2017 - Mar 2018                                     | Months 8-10<br>Apr - Jun 2018         | Months 11-12<br>Jul-Aug 2018 |



[coachinginsideandout.org.uk/coaching-impacts/](http://coachinginsideandout.org.uk/coaching-impacts/)

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**How might coaching inspire  
innovative solutions  
or areas for future research?**



“remarkable book”  
with  
“dark humour”  
The Times

This is a great book; it oozes humanity on every page. It is a challenging read - people not acquainted with the realities of crime and punishment will learn a lot about both...

Those well acquainted with crime and punishment, through their work, will be challenged to rethink what they do and how they do it.

**Fergus McNeill, Professor of Criminology and Social Work,  
University of Glasgow**

has a wider relevance that gives great insight into but extends well beyond the prison walls

**Mark Goldring  
Chief Executive, Oxfam GB**

10% off - [www.mheducation.co.uk](http://www.mheducation.co.uk)  
Read the start for free on [Amazon](#)



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What **questions** should we consider in exploring Coaching Impacts?

What **evidence** would you see as persuasive or compelling?

