



Research Seminar

Work, health and stress: some observations

Wednesday 8th November 2017

15:30 - 17:00 Hrs (coffee and tea at 15:15)

AMBS Precinct Room 1.1, Crawford House

Speaker:

Professor Tarani Chandola

University of Manchester



Abstract

The talk will feature some recent studies on work, health and stress, examining whether “any job is better than no job” when it comes to health and wellbeing outcomes. The importance of good quality work and advantaged labour market conditions for health and wellbeing will be highlighted. It will also feature some examples of what could be done to reduce stress in the workplace.

About the Speaker

Tarani is a Professor of Medical Sociology. He joined the University of Manchester and the Cathie Marsh Institute in April 2010, was the head of the Disciplinary Area of Social Statistics (2012-2014) and the director of the Cathie Marsh Institute (2013-2016). He was formerly at the UCL Research Department of Epidemiology and Public Health, and prior to that completed his PhD and post-doc at Nuffield College, University of Oxford. He is a co-director of two ESRC centres: the National Centre for Research Methods (NCRM: www.ncrm.ac.uk) and the International Centre for Lifecourse Studies in Society and Health (ICLS: www.ucl.ac.uk/icls). Tarani’s research is primarily on the social determinants of health, focusing on health inequalities and psychosocial factors, and the analysis of longitudinal cohort studies. Much of his research is on stress at work, and its effects on health and related biomarkers. He leads the academic network on Health, Work and Wellbeing (manchester.ac.uk/hawnn), sits on the Health & Work advisory board for Public Health England and chairs the scientific advisory board for the ESRC Research Centre on Micro-Social Change Centre (MiSoC).