

GTA Training



SESSION 4

While we are waiting:

Make sure you have booked yourself in on the sheet.

Make sure you have a copy of the handout.

Aims



By the end of this session you should be able to:

1. Understand the differences between adult and child learning.
2. Develop strategies to help your students learn.
3. Define different learning styles.
4. Establish important factors in Adult learning and how best to accommodate those factors.

Objectives



In order to achieve these aims, you will be able to:

1. Explain the different learning styles of adults.
2. State different strategies for developing learning.
3. Describe how you could accommodate for their learners different learning styles.
4. Evaluate your own performance.

Plan for session



- Enhancing Learning and Motivation
- Acronyms
- True or False
- Memory
- Retaining Information
- Long-term memory
- Written information (Increasing retention)
- Mind maps
- Evaluating your teaching
- Learning styles

Acronyms



- **LOL**
- **ESOL**
- **SWALK**

Mnemonics

- **My very easy method just shows u nine planets**
 - Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune, Pluto.
- **How I like a drink, alcoholic of course, after the heavy lectures involving quantum mechanics.**
- $\text{Pi}=3.14159265358979$

Plan for session



- Enhancing Learning and Motivation
- Acronyms
- True or False
- Memory
- Retaining Information
- Long-term memory
- Written information (Increasing retention)
- Mind maps
- Evaluating your teaching
- Learning styles

Mind Maps



TIME MANAGEMENT

A **CLARITY**
MOTIVATION
APPRECIATION
SIMPLIFICATION



EFFECTIVENESS
ACTION PLANS
PRIORITIES
GOALS
DIARIES
MEETINGS



MINDTOOLS
SPEEDREADING
MINDMAPS



**FASTER
SMARTER
BETTER**
URGENT vs. IMPORTANT
WASTAGE



DELEGATION
TO-DO OR NOT TO-DO
CAREER
LIFE
COMFORT ZONES
GUIDANCE
TEAMWORK
TRUST



WORK-LIFE BALANCE
WELLBEING



LET GO
FEARLESS
EXCEED EXPECTATIONS
TRANSCEND LIMITS
CONFIDENCE



SUPERVISE
HELP
ENCOURAGE
DISCRETION
 $L + H = \checkmark$



MONITORING
PROGRESS
FOLLOW-UP
BALANCE
NEGOTIATION



COMMUNICATION
FEEDBACK
SUPPORT
PRAISE
REVIEW
CORRECTION
IMPROVE



ERGONOMIC
USER-FRIENDLY
EFFICIENT
VALUE-ADDED
POSITIVE



BIG

BIG PICTURE
CHUNKING
BITE-SIZED
MULTI-TASKING
DIVERSIFY

WHO
WHAT
WHERE
WHEN
WHY
HOW
5W1H



CHOICES
DECISIONS
BIG
SMALL

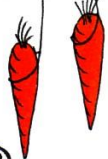


DE-CLUTTER
SLOW DOWN TO SPEED UP
BREAKS



KEY ISSUES
METHODS
CHECK POINTS
DEADLINES

SMART
SPECIFIC
MEASURABLE
ATTAINABLE
RELEVANT
TIME-BOUND



Plan for session



- Enhancing Learning and Motivation
- Acronyms
- True or False
- Memory
- Retaining Information
- Long-term memory
- Written information (Increasing retention)
- Mind maps
- Evaluating your teaching
- Learning styles