



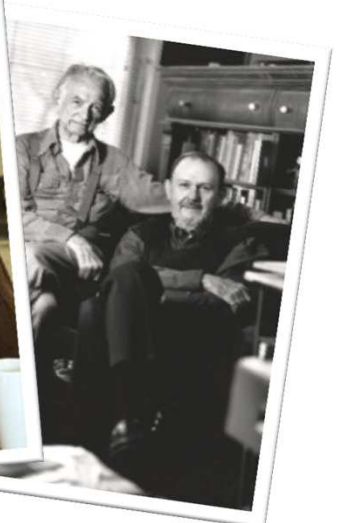
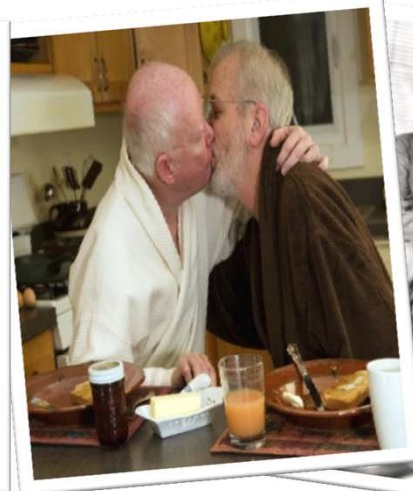
**Let's Talk about the
'S' Word! Supporting
the Sexuality and
Intimacy Needs of
Care Home Residents**



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MICRA Seminar

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SEXUALITY AND INTIMACY: THE LAST TABOO?

Attitudes towards sex and sexual health are changing

Sexual relationships in the 50-70 age group are associated with higher levels of life satisfaction and well being

Sexual and intimate relationships occur across the lifecourse with many aged 50-70 having multiple partners



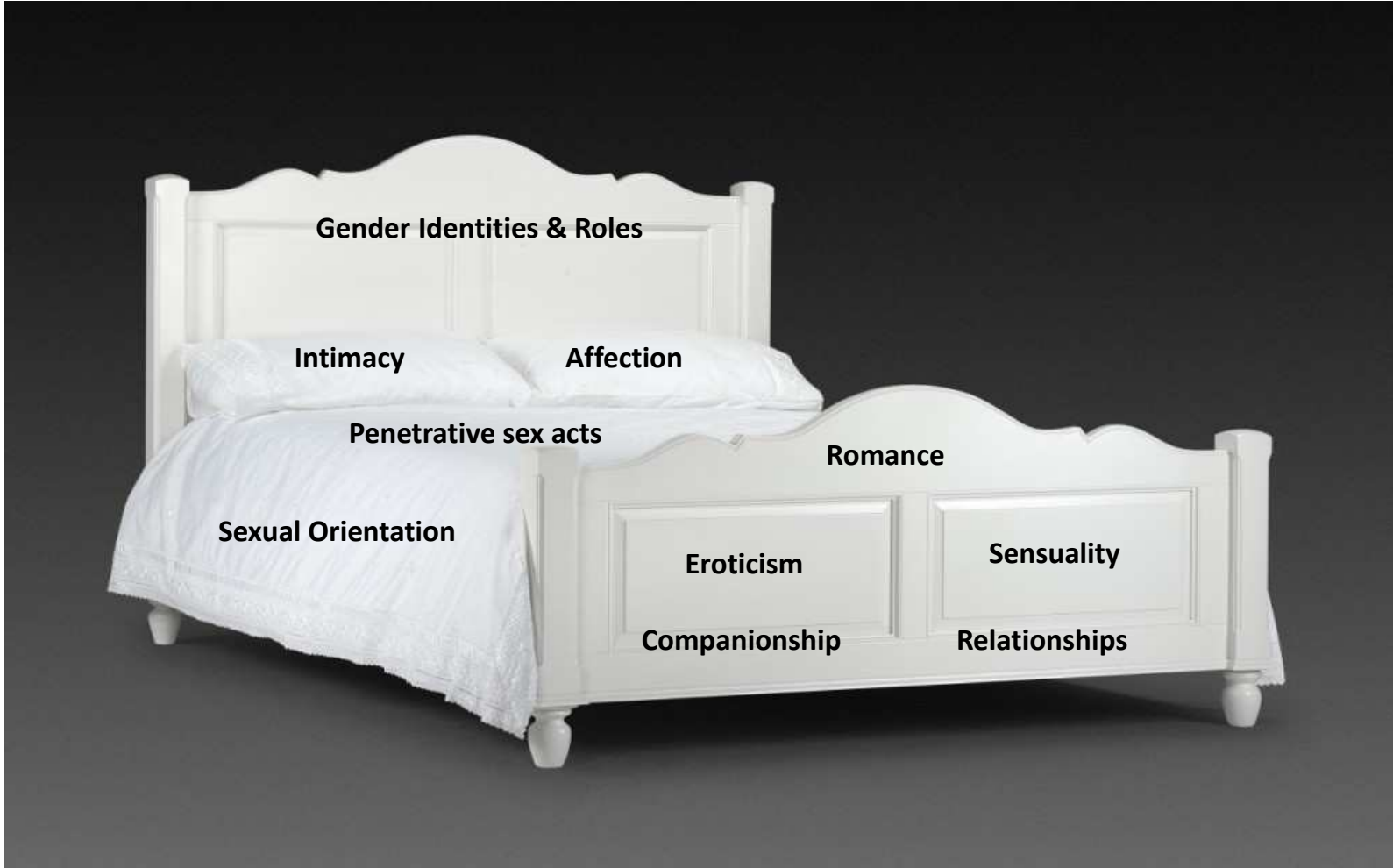
SEXUAL RELATIONSHIPS MATTER TO OLDER PEOPLE

Older people are sexually active in the 50-70 age group with have greater expectations of sexual fulfilment than previous generations.

Not everyone is heterosexual

Older LGBTQ & I people are often excluded due to heterosexual assumptions and stereotypes with their personal stories overlooked





Gender Identities & Roles

Intimacy

Affection

Penetrative sex acts

Sexual Orientation

Romance

Eroticism

Sensuality

Companionship

Relationships

KEY THEMES IN RESEARCH

International longitudinal studies show a sustained interest in sexual relationships into older age

Older person's voice is largely missing

What happens when older people move into care homes?



REFERENCES



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