

Welcome

Dementia Friends

Session

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Home Instead Senior Care

**Dementia is not a
natural part of
ageing**

Dementia is caused
by diseases of
the brain.

**Dementia is not just
about losing your
memory**

It is possible to
live well
with dementia.

There is more to
the person than the
dementia

Actions:

- Spread the word
- Be patient with people – be kind
- Visit someone you know who has dementia
- Become a volunteer
- Wear your badge with pride

**Thank you
for becoming a
Dementia Friend**