

## Research Briefing: What happens to people with dementia identified in general hospital?

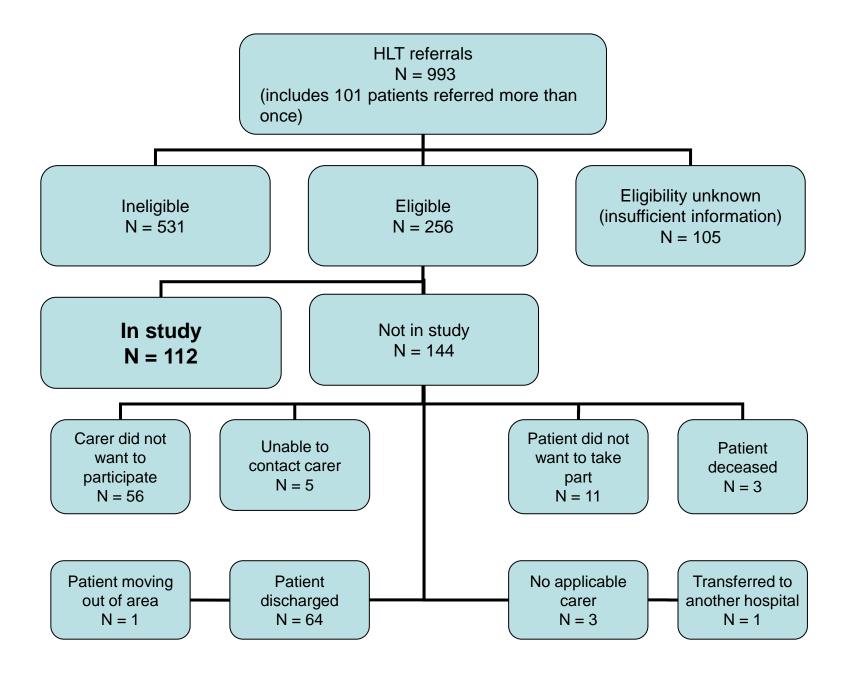
Dr Caroline Holland The Open University

Rethinking 'dementia': Multi-disciplinary approaches to understanding dementia in everyday life Manchester, Friday 28<sup>th</sup> of May 2012

# What happens to People with Dementia identified in general hospital?

### *Objectives of the research:*

- To investigate the range of outcomes for people with dementia identified in general hospital
- To estimate family and societal costs of care for people with dementia identified in general hospital
- To identify the key predictors of better outcomes for people with dementia identified in general hospital
- For those people with dementia discharged from hospital to a care home, to explore their personal experience of the transition.



### **Study One – measures**

- The Alzheimer's disease-related Quality of Life scale
- Geriatric Depression Scale -15 item version
- IADLS Instrumental and Physical Activities of Daily Living Scales
- Physical illness –Burvill scale
- Clinical Dementia Rating scale
- Carer stress the General Health Questionnaire GHQ-12
- Demographic data

#### Mental Health and Wellbeing » Projects » Costing Dementia Care after General Hospital » Show all

From our research project, we show six hypothetical cases based on study findings, illustrating costs for different outcomes after general hospital in the UK. The cases show great variation in costs, in public and family contributions, and the potential costs if family (informal) care is fully costed.

About the Project - What happens to people with dementia identified in general hospital?



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# Study Two : Exploring the transition from hospital to care home



Pre-move interviews = 23

Post-move interviews = 15

Dropped out = 1

Deceased = 7

#### STUDY 2 CASES

Gender	Women:13 Men: 2
Age	Range:79-95 (mean 88)
Dementia stage	Mild 2: Moderate 7: Severe 6
Admission reason	Falls/fractures 8: Infections 4: Dehydration 2: Other 2
Stay on ward	Range: 22-74 days (mean 43.5)
Previous home	Owner 9: Renting 1: Sheltered 3: Extra Care 1: Care Home 1
Formal care	Yes 13: No 2
Family carer	Spouse 1: Grandchild 1: Child (including child's partner) 13

### Experiences before the hospital admission

- Information failures
- Varied experiences of social and health care services
- Uncertain futures
- Incremental increases in carer stress
- Carer feeling of ambiguity and guilt
- Mixed experiences of previous stays in care homes

## Experiences of care in hospital

Carers generally:

- satisfied with medical care
- dissatisfied with personal care
- aware of time/resource limitations on wards
- dismayed at lack of expertise in working with patients with dementia
- attribute decline in competence to hospital stay
- Mobility
- Nutrition
- Continence

She was in hospital 6 weeks. They were fine ...when she had her operation and looking after her arm, but dementia-wise, they got no idea. They'd bring her meals and take them away because they'd say she hadn't ate them. They recon they got her out of bed to walk, but she couldn't walk at all.

There was other people on the ward like her, and they just hadn't got the time to make sure they had a drink ... she had three water infections when she was in there because she wasn't drinking.

(#50)

### **Expectations of care homes**



- Safety
- Decent treatment
- Expertise
- Stimulation (involvement and company)
- Some restoration of QoL

I know that she's going to be safe, which is my main concern. I think that, hopefully, her quality of life will improve when she goes into a care home because they will make her get up and do things. And I think that er, I think actually she'll improve from the fact that there'll be less boredom. #35

## Experience of care homes

- Selection based on 'atmosphere' and location
- Generally positive experiences of current care home
- Relationships with staff important
- Disappointment with 'activities'
- Reduced carer stress

I've been well looked after and I can't say that I regret...mind you I do regret not having a life of my own with my own children but they come to see me and in a way I'm happy.

I could go and live with my son but I don't want to, I like it here, because my son's got to work. He's got a life and he's got children. So I feel more at home here, in fact I do like it here.

I do like it, it's the best one I've been to because they consider you, you know if there's thing you need to talk about they come and have a little talk with you. #6 They've got a very good routine..'cos each time I've gone there they all look clean which I find very important and erm, I think they have breakfast and they go down...there's a television lounge for the ones that are capable of sitting there...but, they just lie there, there's heads nodding and that's basically their day. But I mean I can honestly say that's all they can do for them, make sure they're warm, they're dry, they're fed, there's nothing, I really believe there's nothing physically you can do with them. #67

Costing dementia care after general hospital :<u>http://www2.warwick.ac.uk/fac/med/research/mhwel</u> <u>lbeing/projects/dagh/</u>

CABS Blog: <u>http://centreforageingandbiography.blogspot.co.uk/</u>

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