# **Q-Step Internship: Evaluation of Bridging to Change**

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Project Mirabel has just produced a nationwide evaluation of the success of domestic violence prevention programmes in the last year

or so. Relate GMS wanted a local evaluation of their own domestic violence programme: Bridging to Change.

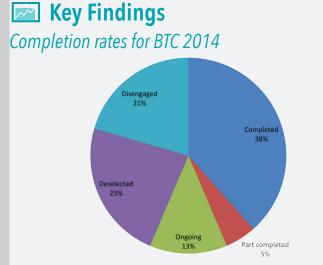
## **Objectives**

The main objective of this internship was to analyse the large amount of physical data that Relate had and to present it in a more organised, visual way.

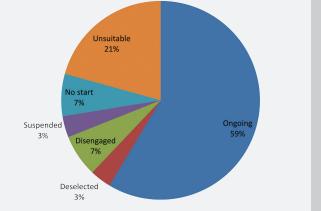
It was also so that it can be used to identify any changes that needed to be made to the programme and to present an overall picture of the successes and downfalls of the programme to other organisations and potential funders.

## Methods

The first half of my placement at Relate GMS mainly involved inputting data from files onto excel documents, as the data that Relate had was all mostly in the form of physical archived files that panned all the way back to 2008. By converting all the case files onto an electronic system, it would provide an efficient way to use the data with quicker and easier access. The other half of my placement involved analysing the data so that it could be shown in an easy and summarised way to other organisations. I began with analysing the demographic variables and then moved onto the bivariate analysis. After these variables were done, I then moved onto analyse the men's individual and group sessional data in relation to these demographic variables.



### Completion rates for BTC 2015



#### Conclusions

Between the years 2008 and 2015, completion rates of Bridging to Change have remained at consistent levels. Even though these are just under half of the cases referred per year, having these tables and graphs allows Relate to identify the problems and to improve their programme. The majority of cases referred were self referrals, mostly based in the Manchester area, with the second most common source being those referred from CAFCASS



A step-change in quantitative social science skills Funded by the Nuffield Foundation, ESRC and HEFCE

